



Get to Know Tracy

Seeing Beyond the Surface

Tracy is a speaker and workshop facilitator with a rare combination of toughness, tenacity, and tenderness. She was diagnosed with Retinitis Pigmentosa in 1994. Her experience informs the compassion, spiritual grounding, and clarity she brings to her work. Today Tracy creates welcoming spaces where women feel seen, accepted, and able to reflect on what may be dimming their light.

"In every season, a woman's strength lies not in perfection, but in progress."

Tracy's Qualifications

- Certified Dream Coach, Dream University, San Francisco
- Extraordinary Women Certificate Program
- Trained by Anne Graham Lotz & Jill Briscoe, Billy Graham Training Center
- Performing arts background, American Academy of Dramatic Arts, NYC

Continue the Conversation

Explore upcoming events and workshops near you, learn more about Tracy, or begin a conversation about bringing her to your group.

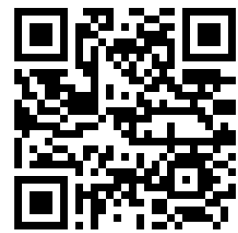
Your light was designed to be seen.

Perfect for:

- Women's Groups & Ministries
- Church & Faith-Based Organizations
- Community Clubs
- Corporate Teams
- Retreats & Special Occasions

Based in Florida, available to travel.
Groups of 10 to 100+, flexible scheduling.

Scan with your phone camera to learn more



Call or Text: (207) 691-5001
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Embrace the Light God Placed Within You



Tracy Hepburn

Speaking. Workshops.
Facilitated Group Sessions. Community Events.

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What We Can Explore Together

Space for the Parts of Life That Matter

LIFE PURPOSE

Clarify what matters and live with greater intention.

IDENTITY & SELF-WORTH

Release old labels and reconnect with who you truly are.

LIFE BALANCE & BOUNDARIES

Create healthier rhythms and make room to breathe.

INNER PEACE & MINDFULNESS

Become more present, spiritually grounded, and steady.

RELATIONSHIPS

Strengthen boundaries and build more honest, grace-filled connections.

ENERGY & WELL-BEING

Notice what drains or restores you—physically, emotionally, mentally, and spiritually.

Attend an Upcoming Event

Join welcoming gatherings created for honest conversation, guided reflection, encouragement, and connection. Come on your own or bring someone with you.



View Upcoming Events

Royal Warriors. Soul 2 Soul. Tea & Truth with Tracy

Transformational Speaking & Workshops



Tracy brings warmth, humor, candor, and guided reflection to women's groups, churches, ministries, community organizations, retreats, and conferences,

Programs can be designed as

- A keynote or featured talk
- A 60–90 minute interactive workshop
- A half-day or retreat session
- A multi-week facilitated group experience

Popular workshop topics

- Shine Where You Are
- Clearing the Dimness
- Progress, Not Perfection
- Reflecting Your Radiance
- Divine Brilliance Revealed

Christian organizations may request programs centered explicitly on Scripture. Community groups may choose faith-informed programs designed to remain welcoming to all women.

Growth Happens in Good Company

Women carry responsibilities, questions, hopes, and private struggles that are not always easy to name. Shining Light gatherings create room to slow down, reflect honestly, and recognize that growth doesn't have to happen alone.

Join an upcoming workshop or facilitated group experience and grow together in good company.

What Women Say

"I'm on the right track because of Tracy. I am equipped to know what to do when I start to head down the wrong track."

— Tina Mitchell

"Tracy has an amazing ability to connect with and empower audiences. Her presentations are creative, informative, and transformational."

– Giselle McDermott, CA

Bring Tracy for Your Next Event

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